

Seniors' Services - A Guide to Who Does What

			Funding Sources		
Service Category	Services Provided	Provided by:	Government	Personal Financial Resources	Private Health Insurance and Benefit Plans
Visiting Healthcare Professionals	Services to maintain or improve health	Nurses, physiotherapists, occupational therapists,	X	X	X
	On a temporary basis, if just out of hospital	social workers, speech-language pathologists,			
	On an on-going basis, if help is needed to adjust to an illness or injury	dieticians			
Personal Care and Support	Personal hygiene (washing, bathing, hair care, mouth care, preventive skin care, hand and foot care)	Personal Support Workers, Healthcare Aides, Attendants	X	X	
	Transferring or positioning into chairs, vehicles or beds	Family and Friends			
	Dressing and undressing				
	Assistance with eating				
	Assistance with toileting				
	Escorting to appointments				
Homemaking Services	Maintaining a safe and comfortable home	Personal Support Workers, Healthcare Aides, Attendants		X	
	Menu planning and meal preparation	Family and Friends			
	Shopping				
	Light housecleaning and laundry				
	Paying bills and banking				
Community Support Services	Safe and independent living	Family and Friends	X	X	
	Transportation to appointments	Volunteers			
	Meals on Wheels	Non-Profit or Commercial Organizations			
	Wheels to Meals	Community Health Centres			
	Caregiver respite	Service Clubs			
	Caregiver support groups and counselling	Religious Groups			
	Volunteer Hospice	Charitable Groups			
	Foot Care				
	Social and recreation services				
	Home maintenance and repair				
Supportive Housing (Non-profit Housing, Social Housing, Seniors' Housing)	Daily personal care	Non-Profit Corporations	X	X	
	24-hour availability of trained Personal Support Workers				
	Meal preparation				
Retirement Home (Retirement Residence, Care Home, Assisted Living, Rest Home)	Homemaking				
	Light housekeeping	Private Corporations		X	
	Meal preparation				
	Low levels of personal care				
Long Term Care Homes (Nursing Homes, Homes for the Aged)	24-hour availability of trained Personal Support Workers or nurses				
	High levels of daily personal care	Municipal Governments	X		
	24-hour availability of Nurses and supervision	Non-Profit Corporations			
	A secure environment	Private Corporations			